The First Rule of Commas:

1) commas separate items in a series of 3 or more

New lockers, bins, racks, and shelves will be added to the boat.

We will hammer, nail, coax, and cajole until construction is complete.

The result will be a vessel that is logically designed, well organized, and visually attractive.

Note: A comma IS necessary after the next-to-last item (the item before *and*) in any series or list.

Leaving out a last comma can cause confusion:

The ark-building manual gives information on analyzing and solving construction problems, avoiding the hazards of welding and staying afloat into old age.

How many topics are being discussed here actually?

The sentence is unclear because there are not enough commas placed in the sentence to separate the different ideas.

A comma should be placed after EVERY item in a list of three or more.